glossary linus pauling institute oregon state university - c reactive protein crp a protein that is produced in the liver in response to inflammation crp is a biomarker of inflammation that is strongly associated with the risk of cardiovascular events such as myocardial infarction and stroke calcification the process of deposition of calcium salts in the formation of bone this is a normal condition, acai berry boosts skin brain weight loss dr axe - anti inflammatory high antioxidant foods keep you healthy and if sick can bring you back to good health berries certainly fit the bill and the trendy berry of the moment with major anti aging benefits is the acai berry you ve probably noticed health food stores now pumping out more acai bowls than ever, parkinson s disease hope through research national - what causes the disease parkinson s disease occurs when nerve cells or neurons in the brain die or become impaired although many brain areas are affected the most common symptoms result from the loss of neurons in an area near the base of the brain called the substantia nigra normally the neurons in this area produce an important brain chemical known as dopamine, nicotine the wonder drug discovermagazine com - nicotine delivery devices like the patch could offer surprising benefits to people diagnosed with certain neurological disorders, well the new york times - why new york lags so far behind on natural childbirth texas has 70 free standing birthing centers new york has three in the city where mount sinai west s birthing center will soon close, aging greenmedinfo disease natural medicine - this topic contains 367 study abstracts on aging indicating that the following substances may be helpful resveratrol zinc and soy, dr joseph maroon spine and health information - anti aging tips adopting a youth preserving lifestyle one of the most rewarding and important organization i am a part of is the american academy of anti aging also known as a4m led by drs ronald klatz and robert goldman i have had the privileged of being the organization s senior vice president for last several years, types of teas and their health benefits webmd - types of teas and their health benefits from green tea to hibiscus from white tea to chamomile teas are chock full of flavonoids and other healthy goodies, 10 lavender oil benefits for major diseases minor - 10 lavender oil benefits and studies 1 antioxidant protection free radicals like toxins chemicals and pollutants are arguably the most dangerous and most common risk factor for every disease that affects americans today, 11 best foods to boost your brain and memory - your brain is kind of a big deal as the control center of your body it s in charge of keeping your heart beating and lungs breathing and allowing you to move feel and think, anti aging firewalls the science and technology of longevity - anti aging firewalls the science and technology of longevity a comprehensive document for the benefit of people interested in living very long healthy lives and who are willing to adapt emerging knowledge personally to do so, 7 causes of brain fog and how to fix it get healthy u - jessica on september 14 2018 at 7 18 am reply i noticed that i had better mental clarity within a few doses of cellvamp none of that morning brain fog as well as a smooth natural energy which i definitely prefer as opposed to the jittery side effects of other products, demyelinating diseases of the brain ucsd - the most common locations for the hyperintensities are the subcortical and periventricular white matter optic radiations basal ganglia and brain stem in decreasing order of frequency, hyperbaric oxygen therapy providers and treatment centers - list of hbot treatment clinics in the u s new research studies on hbot for autism cerebral palsy and other neurological disorders many articles on hyperbaric oxygen therapy, best nootropics 2018 updated nootropics expert - updated with the latest clinical studies the best nootropics for 2018 can improve your focus decision making energy motivation and memory while decreasing anxiety depression and even repair the damaged or aging brain, mental health treatment centers natural cure for - the information at this site explores many mental illnesses caused by an imbalance or disruption to the brain chemistry anxiety stress memory loss insomnia fatigue pain control alcohol induced tremors shakiness anger violence short attention span poor concentration and the wernicke korsakoff syndrome, increase your iq with the right foods herbs vitamins - michael edwards is the founder owner editor in chief and janitor for organic lifestyle magazine at age 17 michael weighed more than 360 pounds, vitamin d and cognitive impairment - cognitive dysfunction is defined as unusually poor mental function this causes confusion forgetfulness and difficulty concentrating unhealthy dietary habits also increase one s risk of cardiovascular disease hypertension and diabetes diets high in fat and protein make the digestive tract more, artificial sweeteners sugar free but at what cost - health organizations give a cautious nod to artificial sweeteners in place of sugar to combat obesity metabolic syndrome and diabetes, phbalancer alkalizing red formula balance your ph health - phbalancer alkalizing red formula our most dynamic formula helps reverse chronic acidity and inflammation that promote chronic disease with a base of the gift and comprehensive wellness phbalancer delivers best in class nutrition too, traumatic brain injuries tbi or mtbi are caused by - when it pertains to a subject that i think is pertinent to a lot of people i sometimes take an email comment
question i receive and turn it into a blog post here are several others this one comes from l who was in a severe motor vehicle accident mva hello i m sorry this is a really long read, what is als what are the types and causes webmd - als is a progressive disease which means it gets worse over time it affects nerves in your brain and spinal cord that control your muscles as your muscles get weaker it gets harder for you to

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